

Indigenous Approaches – Being a Helper Where Invited

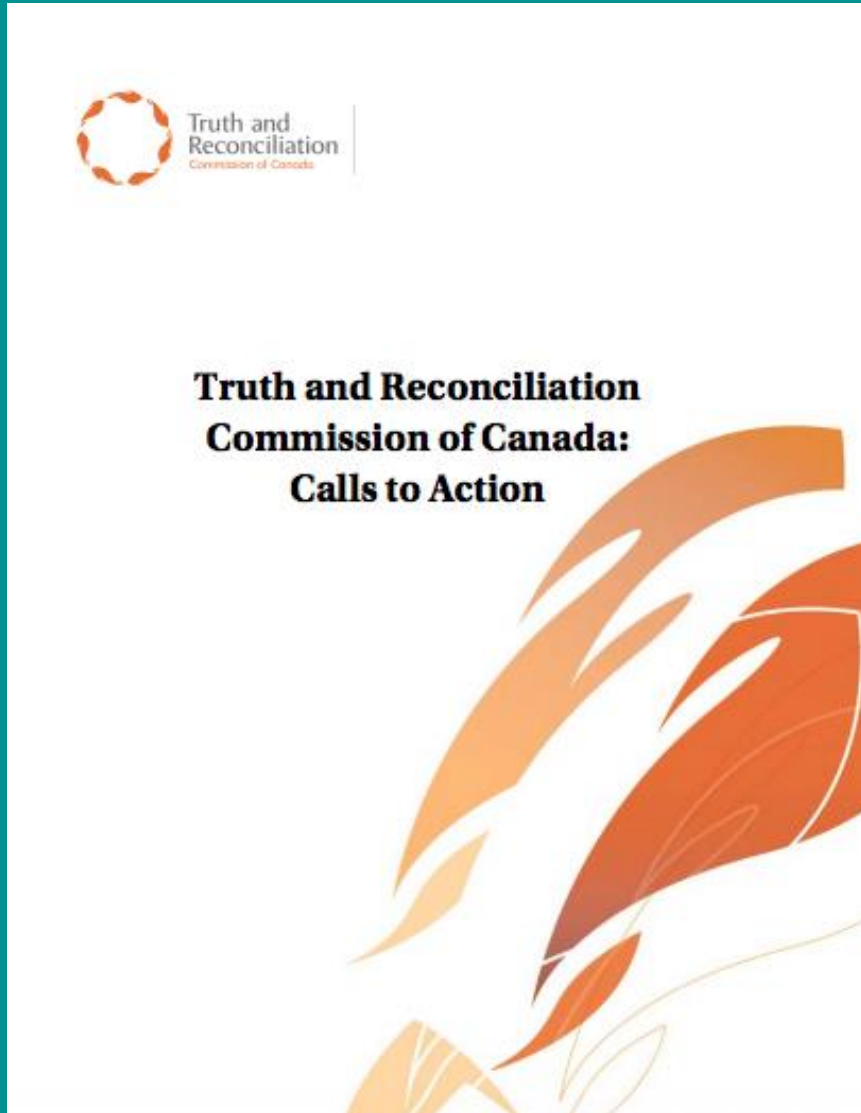


Sarah Wright Cardinal, PhD
School of Child & Youth Care
University of Victoria

Webinar series brought to you by



Territorial Acknowledgment



Call to Action #4:

“We call upon the federal government to enact Aboriginal child-welfare legislation that establishes national standards for Aboriginal child apprehension and custody cases and includes principles that:

- i. Affirm the right of Aboriginal governments to establish and maintain their own child-welfare agencies.
- ii. Require all child-welfare agencies and courts to take the residential school legacy into account in their decision making.
- iii. Establish, as an important priority, a requirement that placements of Aboriginal children into temporary and permanent care be culturally appropriate.”



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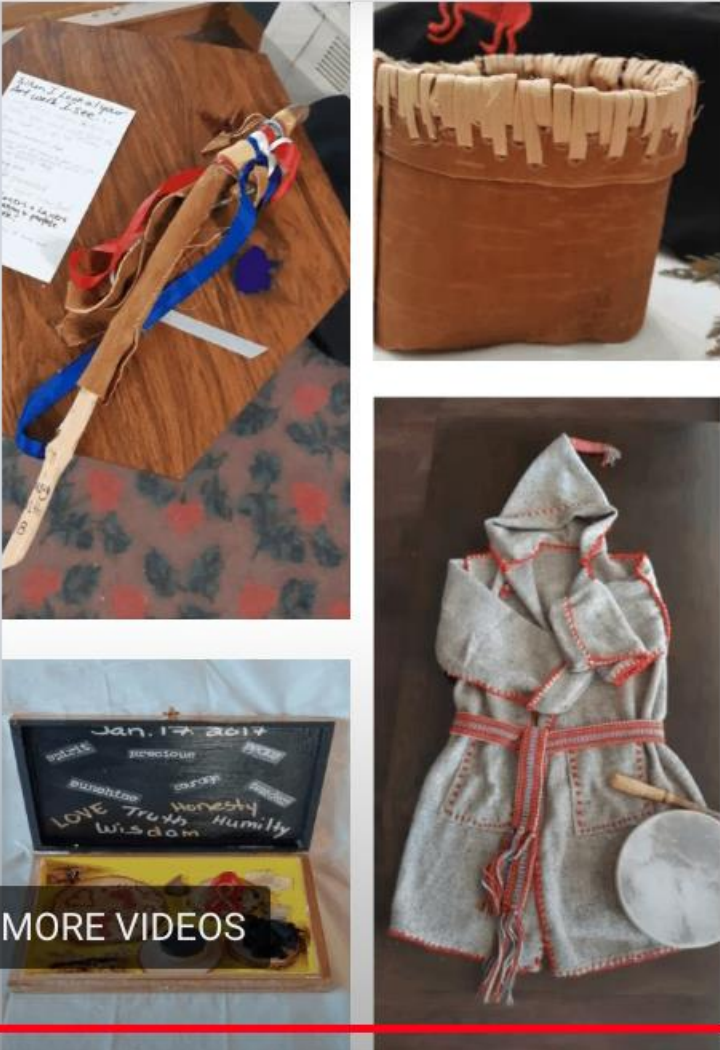
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Questions and Comments

ClickMeeting Shifting the Narrative: A Health-Focused Approach to Research with HIV-Positive ... Shifting Narrative: A Health-Focused Approach to Research with Indigenous Women who are HIV-Positive Watch later Share



Retreat-Style

- 5-day retreat; on the land
- **TB** = Art boxes, homecoming; **BC** = birch bark baskets, letting go; **SKN** = talking sticks, water ceremony; **AB** = capotes & drums, fashion show
- I feel like every essence of my being from within has been touched. ... I just feel like I'm taking a lot with me, and I feel like I even grew taller. I know I probably didn't, but I feel taller. **I feel stronger and I feel ready for what I have to face at home.**

MORE VIDEOS

AV POD

CHAT

Tracey Prentice
It's fine for me


Centre for Community Based Research
ok thanks Tracey. Monique, would you like to try logging off and back on?

Monique Fong Howe_1
I am calling in...)

Centre for Community Based Research
ok, thanks Monique!

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we're recording, so you can also view this at a later time

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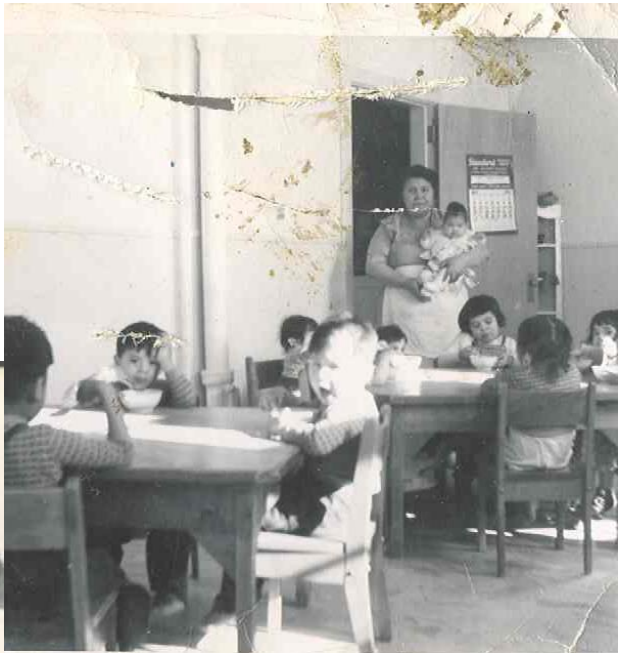
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Presenter



Dr. Sarah Wright Cardinal,
Assistant Professor in the School
of Child & Youth Care, University
of Victoria





Self-location

1. What is your personal and family history that brought you to this land?
2. Are you aware of the history of the land you live and work on? What sources have you drawn on for this information?
3. Were your family or ancestors impacted by colonization, oppression, structural violence, or war?
4. What is your understanding of the impacts of colonial violence against Indigenous communities?
5. What is your understanding of the role played by the (education) profession in colonization and residential schools?
6. What does reconciliation mean to you? What does reconciliation look like to you?

<https://www.bcasw.org/wp-content/uploads/2016/07/Reconciliation-Toolkit-June-16-Edit.pdf>

Indigenous knowledge systems

Indigenous knowledge is a living process, a 'lived curriculum', that comes from the history, cultures, beliefs and values of each nation. Each nation has its own natural laws, ways of knowing and ways of doing. Being in relationship with all living beings and honouring the spirit of each being is very important in Indigenous knowledge systems.



Language, land, and healing: Gathering youth stories of preparing for Tribal Journey



This SSHRC funded project is a partnership between the University of Victoria's School of Child & Youth Care and the Pacheedaht Nation Health Centre. Paddle design by Pacheedaht carver Richard Jones.

An Indigenous land, water and spirit-based project



6 months of preparations for Tribal Canoe Journey 2019

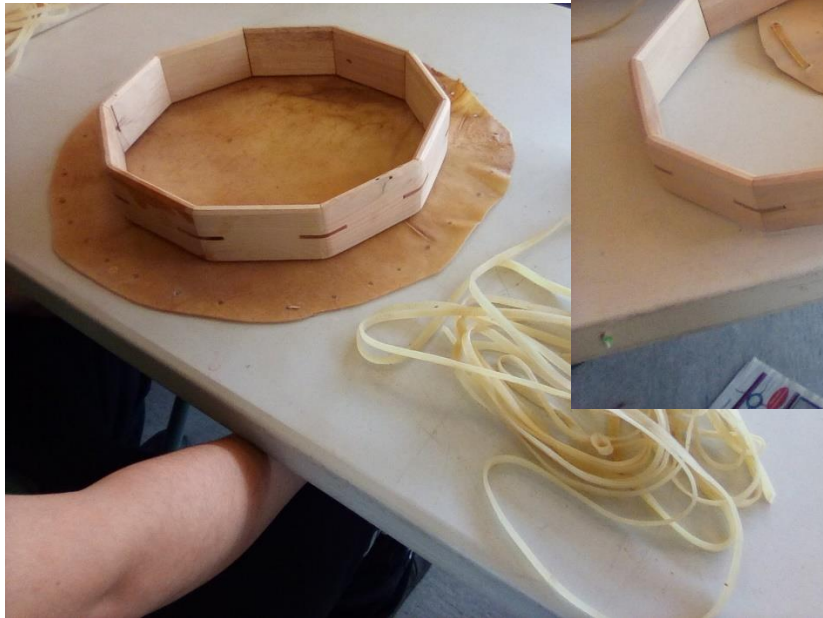
4 Workshops:

- Drum-making
- Paddle-making
- Canoe safety & teachings
- Cedar harvesting & weaving

Workshops and teachings led by Elders & knowledge keepers



“It was fun. I liked making the drums,
and I liked lacing the drums.”
-The youth



Paddle making

“We learned how to make paddles, how to put stencils on, and how to paint.”

-The youth



Canoe blessing ceremony



Ditidaht helps Pacheedaht revive culture at canoe blessing ceremony in preparation for Paddle to Lummi.

“This is a very important day for us and marks the return to our traditions.” Chief Jeff Jones, Pacheedaht First Nation

Ha-shilth-Sa newspaper:
<https://hashilthsa.com/news/2019-06-12/ditidaht-helps-pacheedaht-revive-culture-canoe-blessing-ceremony-preparation-paddle>

“It’s wonderful for me to be able to come back here and learn about our culture and traditions.”
-youth participant



“Indigenous resurgence is about Indigenous families, communities, and nations reclaiming their teachings and practices. In this project, we are working with youth, knowledge keepers, and Elders to support community wellness and to bridge this wellness with university learning.” –Sarah Wright Cardinal, University of Victoria



Community Feast to celebrate

Canoe teachings & paddle practice

“Felt good to go out on the water again; leaders keep at teaching our youth. Voice is powerful. Sing, count, whatever helps keep the rhythm.” – youth participant



Cedar harvesting & weaving

“Even though it was hard, it was fun and I wouldn’t mind doing it again.” – youth participant



Weaving headbands



Paddle to Lummi 2019

“We’ve established a stronger relationship with our neighbouring Nation Ditidaht, and we have worked diligently towards revitalizing our culture. Our songs, our language and teachings came back to life! After over 25 years, we are now able to dance and we’ll continue to do so, our culture is very important and it’s something we will always be proud of and continue for our future generations. Kleco, kleco, thank you so much UVic.”

-Roxy Jones, Director, Pacheedaht Health Centre



Pacheedaht Nation: Reclaiming Nuu-chah-nulth ways



Our new canoe, paddles,
and safety gear.



Our drums
and regalia.



Living our
teachings.

What we learned

- University partner is a helper.
- Community leads the purpose and approach to the project.
- Be flexible. Knowledge keepers lead the workshops and teachings.
- Workshops in community, open to all community members, create knowledge exchange between children, youth, adults, and Elders.



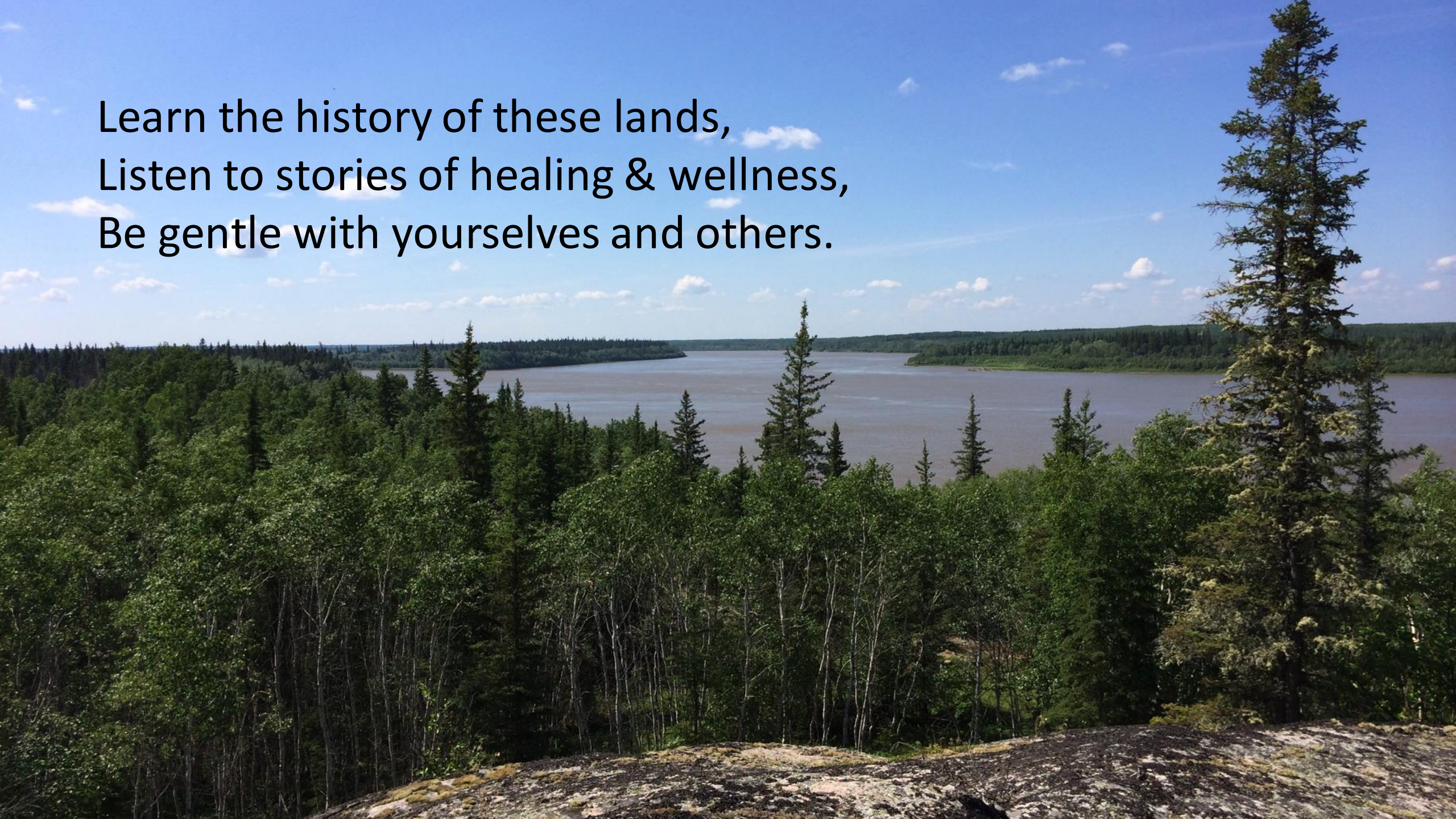
Healing from colonial disruptions to Indigenous identities

Paradigm shift: from hegemony to spirit-based



Reconnection to sophisticated knowledge systems that live in our ceremonies and nations teachings.

Learn the history of these lands,
Listen to stories of healing & wellness,
Be gentle with yourselves and others.



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Upcoming Events – Next Week

Thu., Apr. 29

Live Discussion: Role of
University/College Partner
as Helper

Register



Register: www.communityresearchcanada.ca/events

Call for Panelists - "Bridging Indigenous and Western Research Paradigms."



Do you help bridge Indigenous and Western research paradigms? Share your learning and insights this June on a facilitated panel of Indigenous researchers and allies committed to decolonizing community-based research.

Apply here: <https://www.surveymonkey.com/r/GJLY9NW>



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C2UExpo2021 Mini Gathering
and Awards Gala
| C2UExpo2021 Mini-
Rassemblement et Gala de
Remise des Prix

MAY 6, 2021 at 4pm ET



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you think!”



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